



Nifty



Plants for

water smart Landscapes



Plus 10 Water-Saving Tips for your Garden



Enhance your garden with WaterSmart plants that exemplify the San Diego region at its best!

These Nifty 50 plants have been selected because they are attractive, often available in nurseries, non-invasive, easy to maintain, long-term performers, scaled for residential landscapes and, once established, drought-tolerant. In fact, these plants thrive in San Diego's semi-arid climate and can help restore regional authenticity to your home.

What's exciting is that authentic also means sustainable. Plants native to Mediterranean climate zones love it here as much as you do. They adapted over thousands of years, and the animal species that depend on them for food and habitat adapted, too. In fact, there are thousands of ground covers, grasses, succulents, perennials, shrubs, vines and trees to choose from.

For more information, go to WaterSmartSD.org.

Water Like a Pro

10 essential steps to saving water in the garden you have or in the new one you design.

1. Check Your Water Pressure

If pressure is too high, a pressure regulator should be installed; if low, options may include drip irrigation or low-flow sprinkler nozzles. High water pressure – over 70 psi – can cause sprinklers to fog, reducing the amount of water that is applied to your garden. Low water pressure – under 30 psi – can reduce a sprinkler's distance, leaving unwatered areas.

2. Inspect Your System

Once a month, manually cycle through each irrigation zone. Check, adjust, or replace sprinkler heads and drip emitters that are missing, blocked, broken, or watering hardscape.

3. Use a Landscape Watering Calculator

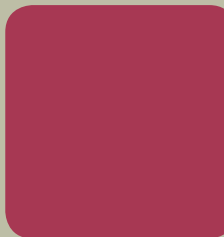
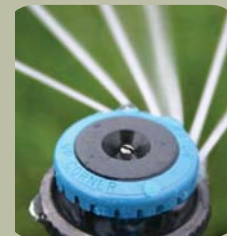
Use the city of San Diego's Landscape Watering Calculator <http://apps.sandiego.gov/landcalc/> to produce a watering schedule. The calculator is based on historical weather data for your zip code, along with the water requirements of the plants, the soil, and the sprinkler type in each of your irrigation zones. It's free, easy to use, and works for any location in San Diego County.

4. Hydrozone Properly

Have one water-use level per irrigation zone. Water-efficient plants react to overwatering and underwatering the same way – they lose their foliage and produce fewer flowers until all you see are branches. To avoid this, limit the plants within each irrigation zone to one water-use level.

5. Use One Type of Sprinkler Per Zone

In each of your irrigation zones, the plants should have the same water use level and the sprinklers should have the same application and efficiency rates.



6. Take Care of Your Trees

Water trees less frequently but for longer periods than shrubs and perennials. Give your trees their own irrigation zone, use drip irrigation and water each tree at the dripline – the outside edge of the tree's canopy. As the tree grows, move irrigation outward to stay at the dripline.

7. Baby Your New Plants

New plants need extra water during their first 12 months in your garden, which is called the establishment period. Water daily for two weeks after planting to mimic the watering routine in most nurseries. Maintain the establishment period watering schedule through your new garden's first summer.

8. Water at Sunrise or Sunset

Soil absorbs the most water from irrigation when the temperature, evaporation rate and wind are lower.

9. Don't Water When it Rains

Connect a rain sensor to a standard irrigation controller. Watering will stop automatically when the sensor detects rainfall. The system will stay off until the sensor dries out.

10. Replenish Your Mulch

Maintaining a three-inch layer of mulch protects soil from direct sunlight and evaporation. It also absorbs water, reducing runoff and providing more moisture for your soil.

For more information, go to WaterSmartSD.org and check out our eGuide to a WaterSmart Lifestyle, landscape classes, irrigation rebates, other programs and incentives.

These plants have been selected because they are attractive, often available in retail nurseries, non-invasive, easy to maintain, long-term performers, scaled for residential landscapes, and of course, once established — drought tolerant. In some cases, there are so many excellent WaterSmart plants in a particular group, like salvias, that we chose the group, and gave several examples.

and N = Native Plant

Shrubs

- 1 **Manzanita**
 Arctostaphylos species & hybrids, N
- 2 **California Lilac**
 Ceanothus species and hybrids, N
- 3 **Western Redbud**
 Cercis occidentalis, N
- 4 **Geraldton Wax flower**
 Chamelaucium uncinatum
- 5 **Rockrose**
 Cistus species
- 6 **Grevillea**
 Grevillea species and hybrids
- 7 **Toyon**
 Heteromeles arbutifolia, N
- 8 **Texas Ranger**
 Leucophyllum species
- 9 **Oregon Grape**
 Mahonia aquifolium, N
- 10 **Dwarf Myrtle**
 Myrtus communis 'Compacta'
- 11 **Rosemary**
 Rosmarinus officinalis
- 12 **Coast Rosemary**
 Westringia fruticosa

Succulents

- 13 **Aeonium**
 Aeonium species
- 14 **Agave**
 Agave species and hybrids
- 15 **Aloe**
 Aloe species and hybrids
- 16 **Rock Purslane**
 Calandrinia grandiflora
- 17 **Live Forever**
 Dudleya species and hybrids, N
- 18 **Hens-and-Chicks**
 Echeveria species and hybrids

Vines

- 19 **Bougainvillea**
 Bougainvillea
- 20 **Japanese Honeysuckle**
 Lonicera japonica
- 21 **Japanese Wisteria**
 Wisteria floribunda

Groundcover

- 22 **Carmel Creeper**
 Ceanothus griseus horizontalis species and hybrids, N
- 23 **Silver Carpet**
 Dymondia margaretae
- 24 **Ice Plant**
 Lampranthus species
- 25 **Trailing Lantana**
 Lantana montevidensis
- 26 **Huntington Carpet Rosemary**
 ROSEMARY
Rosmarinus officinalis 'Huntington Carpet'
- Prostrate Rosemary**
 Rosmarinus officinalis 'Prostrata'
- Lockwood de Forest**
 Rosmarinus officinalis 'Lockwood de Forest'
- 27 **Stonecrop**
 Sedum species and hybrids
- 28 **Woolly Thyme**
 Thymus pseudolanuginosus

Grass*

- 29 **New Zealand Cabbage**
 Cordyline australis
- 30 **Pink Muhly Grass**
 Muhlenbergia capillaris
- 31 **Elijah Blue Fescue**
 Festuca glauca 'Elijah Blue'
- 32 **New Zealand Flax**
 Phormium tenax and some species and hybrids

Perennials

- 33 **Kangaroo Paw**
 Anigozanthos species and hybrids
- 34 **California Sunflower**
 Encelia californica, N
- 35 **Trailing African Daisy**
 Osteospermum fruticosum
- 36 **Monkey Flower**
 Mimulus, Native species and hybrids
- 37 **FOOTHILL PENSTEMON, Native species**
 Penstemon heterophyllus, N
- Parry's Beardtongue**
 Penstemon parryi, N
- Showy Penstemon**
 Penstemon spectabilis, N
- 38 **SALVIA SPECIES**
 Dune Sage
Salvia africana lutea
- Germander Sage**
 Salvia chamaedryoides
- Cleveland Sage**
 Salvia clevelandii, N
- Mexican Bush Sage**
 Salvia leucantha
- Autumn Sage**
 Salvia greggii
- 39 **LAVANDULA SPECIES**
 French Lavender
Lavandula dentata
- Spanish Lavender**
 Lavandula stoechas
- 40 **Peruvian Verbena**
 Verbena peruviana

- 41 **Strawberry Tree**
 Arbutus 'Marina'
- 42 **Pindo Palm**
 Butia capitata
- 43 **Chitalpa**
 Chitalpa tashkentensis, N
- 44 **Australian Willow**
 Geijera parviflora
- 45 **Crape Myrtle**
 Lagerstroemia indica
- 46 **Sweet Bay**
 Laurus nobilis
- 47 **Fruitless Olive**
 Olea europaea 'Swan Hill'
- 48 **Desert Museum Palo Verde**
 Parkinsonia (Cercidium) x 'Desert Museum'
- 49 **Chinese Pistache**
 Pistacia chinensis
- 50 **Coast Live Oak**
 Quercus agrifolia, N

Trees

* Includes Ornamental Grasses & Grass-like Plants



San Diego County Water Authority

and its 24 member agencies



Many of the plants in this guide are labeled and on display at the San Diego Botanic Garden in Encinitas and the Water Conservation Garden in El Cajon. These gardens are excellent places to get ideas for a new or retrofitted landscape that looks beautiful and saves water.



sdbgarden.org



thegarden.org

